



LKS2
Health &
Wellbeing

Relationships

Living in the
Wider World

Unit 7: Growing and Changing Lesson 2: Visible Changes

Learning Objectives

- Know and understand how to look after our teeth
 - Understand what happens when we lose teeth as we grow up and why this happens
- HW4 Recognise and respect similarities and differences between people
HW13 Listen to and show consideration for other people's views
PW35 Show awareness of changes that take place as they grow

Introduction

- Remind the pupils of the photographs they looked at in last session.
- Ask them if they learnt anything new about someone else's or their own family.

Main Activity

- Look at the baby photo and ask for their observations.
- Ask the children if babies are usually born with teeth. Why not? What else are babies born without? (Fully formed kneecaps).
- Ask if they know at what age teeth begin to grow.
- Show the pupils a jar of baby food, some rusks and an apple. Ask them what the differences are between the three foods. Discuss the foods that young children would be eating at that time.

Resources

Baby photo
Missing tooth picture

Main Activity cont.

- Show the pupils a picture of a child with a missing tooth.
- When do our teeth fall out? Why do our teeth fall out?
- Explain that as our mouths, faces and bodies grow, our teeth need to fill the gaps so that we can eat in order for our bodies to function. As we lose our first teeth, our second teeth are often ready to come and fill the gaps!
- Most pupils should have lost some teeth by this age. Has anyone in class got teeth missing currently?
- Ask them to share their stories of losing teeth with the rest of the class.

Plenary

- Can the pupils remember all the different ways we can look after our teeth?

Assessment

- Why do we lose our first teeth?
- How can we look after our teeth?

Mind the Gap