



Health &
Wellbeing

LKS2
Relationships

Living in the
Wider World

Unit 3: Bullying Lesson 4: Negative Persistence

Learning Objectives

- Know about different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help
 - Know how to recognise bullying behaviour
- Ci15 Work co-operatively, showing fairness and consideration to others
HW2 Recognise right and wrong, what is fair and unfair and explain why
PW43 Understand the nature and consequences of negative behaviours such as bullying, aggressiveness

Introduction

Bullying is a subject that is often in the media. Bullying has a profound effect on children and their self-esteem if not dealt with quickly and appropriately. They need to be able to spot examples of bullying (and what is not bullying) and know how to seek help when necessary.

- Ask the pupils to work in pairs. One person is to tap on the back of the other person's hand in the same place, firmly and repeatedly. Swap over.
- As the children are tapping, talk to them about people using persistence in a negative way.
- Explain that it could be actions or words that are repeated over and over.
- Have they ever experienced this kind of repeated negative behaviour?

Resources

Hand outline template
School Anti-Bullying policy

Main Activity

- Explore how negative, persistent behaviour, whether it comes in the form of actions or words, hurts and is called bullying.
- Ensure the children understand that bullying is not a one-off action and refer back to the tapping - it's persistent.
- In pairs, think about how bullying can affect physical, emotional and mental wellbeing. Record their ideas onto the hand outline template.

Plenary

- Share the pupils' thoughts.
- Review the school bullying policy with the class and make posters to display around school, highlighting the negatively persistent nature of bullying and emphasising that bullying will not be tolerated.

Assessment

- How does bullying affect our physical, emotional and mental wellbeing?
- What can we do to stop bullying?

Over and Over